



Spring/Summer Menu: Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Selection of Cereal & Toast Allergens: (Gluten barley, milk)	Oats Porridge Allergens: oats, milk	selection of Cereal/ Toast) Allergens: (milk, wheat, barley)	Cornmeal Porridge (nuts, seeds, milk) Allergens: (nuts, seeds, milk)	Scrambled eggs with toast and milk Allergens: wheat, barley, milk, egg)
Snack	Snack	Snack	Snack	Snack
Fruit Platter with Milk / Water	Fruit Platter with Milk / Water	Bread sticks with dips Water/ Milk	Fruit Platter with Milk / Water	Fruit Platter with Milk / Water
Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Mince Vegetable Bolognaise Strawberry Yogurt Allergens: Gluten, soya, milk)	Jollof rice with Chicken and side salad Apple Crumble and Custard Allergens: wheat, soya, milk)	Sausage Beans hotpot with diced roast potatoes Fruit Platter Allergens: milk Gluten, Wheat)	Mediterranean Spirali Pasta Bake (soya, milk) Peach Crumble with custard Allergens: Fish, Gluten, Wheat)	Fish fingers, chips and side peas Strawberry Yogurt Allergens: (G, soya, milk)
Vegetarian alternative	Vegetarian alternative	Vegetarian alternative	Vegetarian alternative	Vegetarian alternative
Vegetable Bolognaise	Jollof rice with Quorn Chicken and salad	Quorn sausage beans hotpot with diced potatoes	Mediterranean Spirali Pasta Bake	Vegetables fish fingers, chips and side peas
Tea	Tea	Tea	Tea	Tea
Sliced Pitta Bread with hummus and carrot and cucumber sticks Allergens (milk, wheat, barley)	Fish fingers with baked beans Allergens Gluten, soya, milk)	Spaghetti Hoops with Hash Browns Allergens (fish, Gluten, milk)	Selection of Sandwiches with cucumber/carrot sticks Allergens Milk Gluten Egg)	Pancakes with raisins (Allergens wheat, milk)
Weaning Stage	Weaning Stage	Weaning Stage	Weaning Stage	Weaning Stage
Hearty Vegetable Beef Casserole Allergens	Vegetable casserole with Orzo Allergens	Peas Risotto Allergens (milk)	Sweet Potatoes sweetcorn & chicken Allergens	Shell pasta with tomatoes courgettes and tuna Allergens (barley, soya)