



Spring/Summer Menu: Week4



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Selection of Cereal & Toast Allergens: (wheat, barley, milk)	Oats Porridge Allergens: oats, milk	selection of Cereal/ Toast) Allergens: (milk, wheat, barley)	Cornmeal Porridge (nuts, seeds, milk) Allergens: (nuts, seeds, milk)	Scrambled eggs with toast and) Allergens: wheat, barley, milk, egg
Snack	Snack	Snack	Snack	Snack
Fruit Platter with Milk / Water	Fruit Platter with Milk / Water	Fruit Platter with Milk / Water	Fruit Platter with Milk / Water	Fruit Platter with Milk / Water
Lunch	Lunch	Lunch	Lunch	Lunch
Macaroni Cheese with cauliflower and broccoli Apple pie and custard Allergens: wheat, soya, milk	Chicken Vegetables Fried Rice Chocolate sponge Allergens: wheat, Gluten, milk)	Sausage with Mash Potatoes and side peas/ Gravy Mixed Fruit Jelly Allergens: milk , wheat	Spaghetti Bolognese mixed vegetables Peach crumble with custard Allergens: Milk, Gluten, Wheat	Chicken fingers and chips with sweetcorn & Peas Yogurt Allergens: milk, Wheat, Fish
Vegetarian alternative	Vegetarian alternative	Vegetarian alternative	Vegetarian alternative	Vegetarian alternative
Vegetable Tuna & Pasta Bake Allergens: wheat, soya, milk	Chicken Vegetables Fried Rice Allergens: wheat, soya, milk	Quorn Sausages with Mash potatoes Allergens: wheat, soya, milk	Quorn minced vegetable Bolognese Allergens: wheat, soya, milk	Quorn sausages and chips with sweetcorn & Peas Allergens:
Tea	Tea	Tea	Tea	Tea
Chicken Slices and tomatoes Quiche Allergens: milk, wheat, barley)	Potatoe Wedges with beaked beans Allergens: wheat	Spaghetti hoops on toast/Milk Allergens: wheat, soya, milk)	Pancake with raisins/ milk (milk, barley) Allergens: wheat, egg, soya, milk)	Assorted Savoury Sandwiches with cucumber sticks Allergens: wheat, soya, milk)
Weaning Stage	Weaning Stage	Weaning Stage	Weaning Stage	Weaning Stage
Potatoes pumpkin & chicken Scrumble Allergens	Creamy potatoes & fish with peas Allergens	Carrot, mixed pepper and tomatoes with Orzo Pasta Allergens (milk)	Cauliflower& Broccoli cheesy bake Allergens	Vegetable turkey mince risotto Allergens (barley, soya)